

**Division:** *Institute of Sport, Tourism and Service*

**Academic programme:** *49.04.01 Physical Education, Sports Training Technologies*

**Mode of study:** *part-time*

**Programme length:** *2.5 years*

**Programme level:** *Master's degree*

**Language of instruction:** *Russian*

**Programme description:** *The aim of this Master's degree programme is to train multi-skilled specialists in the field of physical education and sports training, who can develop and implement modern technologies in various types of physical education. This programme is focused on coaching, pedagogical and analytical activities in various types of institutions related to physical education and sports, ensuring the formation of methodological knowledge, skills and abilities of applying modern technologies to training athletes; organization and management of the educational and training process, the implementation of its accounting and control; assessment of various body conditions, development of new technologies. An obligatory section of the Physical Education programme is the implementation of scientific developments on the topic of the Master's thesis, publication of the results of experimental studies in journals and collected works, and participation in student scientific conferences.*

*Graduates of the 49.04.01 Physical Education Master's degree programme are able to perform their professional activity in professional education and continuing professional education in the field of physical culture and mass sports, training of reserve athletes, project management and research analysis.*

*The 49.04.01 Physical Education programme trains students for the following types of professional activity:*

- teaching;*
- organization and management;*
- analytics;*
- research.*

**Main programme-specific classes:**

- *History and Methodology of Science*
- *Philosophy and Social Problems of Physical Culture*
- *Information Technologies in Science and Education in the Field of Physical Culture*
- *Research and Methodological Fundamentals of Planning and Scheming of Athletes Training*
- *Technology of Research in Physical Culture*
- *Modern Technologies of Training Young Athletes*
- *Modern Problems of Sciences on Physical Culture and Sports*
- *Psychophysiological Technologies of Sports Activities*

**Programme manager:** *Albert S. Aminov, PhD, Candidate of Sciences (Biology), Associate Professor, Head of the Department of Self-perfection in Sports*